



THE CATHOLIC PARISH OF THE DORMITION OF THE MOST HOLY MOTHER OF GOD

Парафія Успіння Пресв. Богородиці

A PARISH OF THE UKRAINIAN CATHOLIC EPARCHY OF EDMONTON

Address:

15608 -104 Avenue,
Edmonton, AB
T5P 4G5

Services:

Sunday Divine Liturgy
(Ukr & Eng) at 10 am
& Melkite (Arabic) D.L.
at 2 pm

Akathist or Molebyn
Most Wednesdays at 6 pm
(see calendar)

Parish Website:

[http://
dormition.eeparchy.com](http://dormition.eeparchy.com)

Eparchial Website:

www.eeparchy.com

Pastor:

Fr. Bo Nahachewsky

Fr. Bo's cell phone:

780-340-FR.BO (3726)

Fr. Bo's Email:

[fr.bo.nahachewsky
@gmail.com](mailto:fr.bo.nahachewsky@gmail.com)

Sunday, January 13, 2019

Sunday after Theophany, Tone 1; the Holy Martyrs Hermylus and Stratonikus (313-24)

CHRIST IS BORN! - LET US GLORIFY HIM! Христос Раждається! - Славім Його!

Today we **Baptize, Chrismate and give Eucharist to Tamara Ruff**. Congratulations to her, her parents Jeff and Rachel, and her big sisters Isabelle and Delilah. Welcome extended family.

Also today we have our annual fundraiser:

The Parish "Kutia"

After Liturgy today we will be eating and carolling for each other to celebrate as a parish the presence of our God. We invite all of you to join us in this light and joy filled feast. Donations welcome.



Home Blessings

It is the hope of Fr. Bo to visit every household of the parish over the next several weeks to bless your house and to visit with you. At least a day before he comes, he will phone you and make the appropriate arrangements. If you want to book a particular date or time with him you can send him an email at fr.bo.nahachewsky@gmail.com or text or call on his cell phone

780-340-3726. You don't need to do anything special, just open your door and have a short visit with him.

If you have ideas for the parish you can pass a note onto him, or if any of your contact information has changed this would be a great time to update it.

DO YOU NEED PRAYERS? OR DO YOU KNOW SOMEONE WHO DOES?

Let Fr. Bo know if you or someone you know needs prayers. He will not only keep them in his personal prayers, but he can include them in the Liturgy too (if you desire). There is a sheet in the entrance of the church if you wish to have the name(s) read aloud during the service.

Saints of the Day: (texts from the OCA website)



The Holy Martyrs Stratonikos and Hermylus, Slavs by origin, lived at the beginning of the fourth century during a persecution against Christians by the emperor Licinius (307-324). Saint Hermylus served as deacon in the city of Singidunum (Belgrade). Condemned by Licinius to imprisonment, he was long and cruelly tortured for Christ, but he remained unyielding.

Saint Stratonikos was one of the prison guards and a secret Christian. Seeing the agonizing torments of his friend, he was unable to keep from weeping, and he revealed that he was a Christian. They also subjected him to punishment.

After the torture, they put both martyrs into a net and threw them into the Danube. On the third day, the bodies of the saints were found by Christians on the bank of the river and buried near Singidunum. Their venerable heads were placed in the Church of Hagia Sophia.

Dormition News

- We **pray for the health and well-being** of all the servants and handmaidens of God who need our prayers: **Sarah Komar, Marge Woitas, Katie Bunio, Stella Dronyk, John Puto, Ann Horsman, Annie Polack, Louis Pewar & Rosa Maria Santos**. (If you know any other people who should be on this list: please email me.)
 - We wish God's blessings and a **happy birthday** to our parishioners: **Luba Genyk & Olfa Hapak** who celebrate their birthdays this week. God grant you many years!
- If we don't have your birthday, or if we have your birthday info wrong... please send an email (or at least a piece of paper) with the corrected birthdate and your name.
- **Bible Study with an Eastern Twist:** Our regular Bible Study continue on Wednesdays. All are welcome. Free tea.
 - Can't make it to our Bible Study? Willing to go to a parish on the East side of town? Fr. Michalo Planchak is hosting a Monday night Bible Study from 6-8 starting in February. For more info send him an email: frmplanchak@gmail.com

- If you are a **volunteer** in our parish and you have not handed in your **Safer Environments** "volunteer information forms" please do so. If you did, and you are in a high risk position and you have not got your "Police information Check with Vulnerable Sector" yet, please do so. If you don't know what I am talking about... ask me. Thanks.
- It's time for people to consider helping the parish by serving on the **Parish Pastoral Council (PPC)**. If you would like to serve, please tell Fr. Bo or one of the members on the current PPC. Likely we will be voting in new members on a weekend near the beginning of February.

Here are the positions for 2019 Parish Council:

President : _____ **TBD**
 Past President: Helen Sirman
 Vice President:
 Treasurer: Alex Schabel (confirmed for 2019)
 Secretary: _____ **TBD**

3 year Director: _____ **TBD**
 2 year Director: Steve Konowalec (confirmed for 2019)
 1 year Director: Jordan Schabel (confirmed for 2019)

UCWLC President - Virginia Sharek

Finance Committee
 Chair - Iryna Laschuk
 Treasurer - Alex Schabel
 Member - _____ **TBD**
 Member - _____ **TBD**

- **Call for Casino Volunteers.** The dates for our parish casino are Monday March 18 & Tuesday March 19, 2019 at the Starlight Casino at WEM. We still have a number of volunteer positions to fill. Our completed application needs to be submitted to AGLC by January 19th.

- Day shifts begin at 9:00 am to 6:00 pm
- Afternoon shift from 1:00 pm to 8:00 pm
- Evening shift from 7:30 pm to 3:15 am (including count-room)

If you are able to help, please see Alex Schabel or Iryna Laschuk to complete the required AGLC volunteer forms in the church office or contact Alex at aschabel@shaw.ca.

- **Confessions:** Fr. Bo is always around before services, so please do not hesitate to ask him to hear your confession. If you are planning to make a "longer" confession, he is always available by appointment too.
- Bishop has blessed the **ornaments** on our parish Christmas Tree. Please feel free to take your ornament home if you wish.



Our parish may have the privilege of hosting a traveling icon of **“Our Lady Help of Persecuted Christians.”**

Fr. Bo is working with Local Knights of Columbus to set up an evening in the next month or so to gather people from throughout the city (particularly from the western side) to come and pray with us for the needs of the faithful in places in the world where Christianity is under duress.

Since our parish is under the patronage of the Blessed Mother, it is right and fitting for us to beg her to intercede for us and others, to her Son, our Lord.

In addition to praying for our brothers and sisters elsewhere, this is a lovely opportunity for us to open our doors and invite people to join us. Perhaps even to invite people to help our women in the UCWLC and even create a men’s group too, so that we can further the mission of the church.

What would this evening look like? Perhaps we would sing an “Akathist” service to the Mother of God, and have someone from part of the world where the Church is persecuted share their experiences. Then

we could pray in silence, perhaps followed by tea, coffee and donuts (or whatever). Quite easily done, and with a large benefit for all.

When would this take place? I don’t know. I think it might be nice to do this on a weeknight, and perhaps before the Great Fast (Lent). Perhaps a Monday or Thursday during the month of February. Certainly this would depend on the availability of the traveling Icon.

If you would like to be involved with this event, please speak with Fr. Bo.

“Teach Us to Pray; An Eparchial Program”

On Thursdays of the Great Fast (and one after Easter), our parish will be hosting five of the six sessions of this exciting program featuring clergy from across our Eparchy.

In the Gospel of Luke one of the disciples asked Jesus to “teach us to pray.” They had seen Jesus pray often and understood the importance of frequent prayer. We know that prayer must be at the heart of our own journey towards an ever closer relationship with God, but it is not always easy. In this series of presentations we will explore various ways of praying and will be presented with practical ways to build a consistent rule of prayer in our lives. Sessions will consist of a presentation and will conclude with prayer.

- March 14 - Fr. Michalo Planchak - the Our Father and the Prayer before Communion
- March 21 - Fr. Peter Babej - the Rosary
- March 28 - Fr. Michael Winn - Contemplative Prayer - Jesus Prayer
- April 4 - Fr. Bo Nahachewsky - Praying with Icons
- April 11* - Fr. Danylo Kuc - Praying the Psalms (*note this evening will happen at a different location)
- April 25 - Fr. Stephen Wojcichowsky - Prayers of the Divine Liturgy



Climbing the Mountain: Young Adults Pilgrim's Retreat

By Alicia Chichak

From December 27th to January 4th, a group of young adults from the Eparchy of Edmonton in Canada and the Eparchy of Parma in the United States made the decision to leave the normality of their lives and embark on a journey to bring themselves closer to God. Whether it was to immerse themselves in prayer and find stillness in God, or even just to grow closer in companionship with like minded people, each individual had something on their hearts drawing them to Holy Transfiguration Monastery (often called Mt. Tabor) in Redwood Valley California.

As a young catholic adult in today's society, working part time, going through school and balancing my personal life, prior to this pilgrimage I was honestly feeling stuck in a state of tiredness and felt a little lost. I wanted to go to Mount Tabor to experience a change of pace and strengthen my relationship with God. I feel most at home and at peace in nature, around mountains and trees, and I hoped that God's creation would help me along my journey.

Starting in the dark at 5:30 AM and going all the way into evening, we immersed ourselves in the Liturgy of the hours. We had the opportunity to engage in silent, personal prayer. We were able to partake in the sacraments of reconciliation and the eucharist. We received spiritual talks, guidance on prayer, and spiritual direction from Fr. Bohdan Nahachewsky, Fr. Joseph Matlak, Sr. Darlene Pelechaty SSMI, Millie Schietzsch and Katie Matlak. On the long drives to the ocean, redwood forest and local winery excursions, we got to know each other through invigorating conversation and sang our hearts out.

The monastery brought us together in a way that nothing else ever really could have. In our minds, God was first, and it was through God that we came to know each other. It was through my experience at Mount Tabor in prayer, in nature, and with all the amazing people I met there – the monks, the program leaders, and my friends – that I was able to find healing and gain the strength I needed to pick up my crosses and follow Christ on my return home.



In the end, we are all pilgrims, regardless of who we are or where exactly we are going. We are all being drawn towards something, and we are all yearning for something greater. The journey never ends either, if anything this pilgrimage has shown me that my journey has really only just begun. And I would like to challenge everyone to take the time to question themselves and truly reflect, where am I on my journey to finding holiness with God?

For yet another article about this pilgrimage you can go to this link:
<http://stjosaphateparchy.com/pilgrimage-and-retreat-at-mt-tabor-monastery/>

● **Congratulations to Sheila who received the Sacraments of Initiation last week. See photo to the right.**

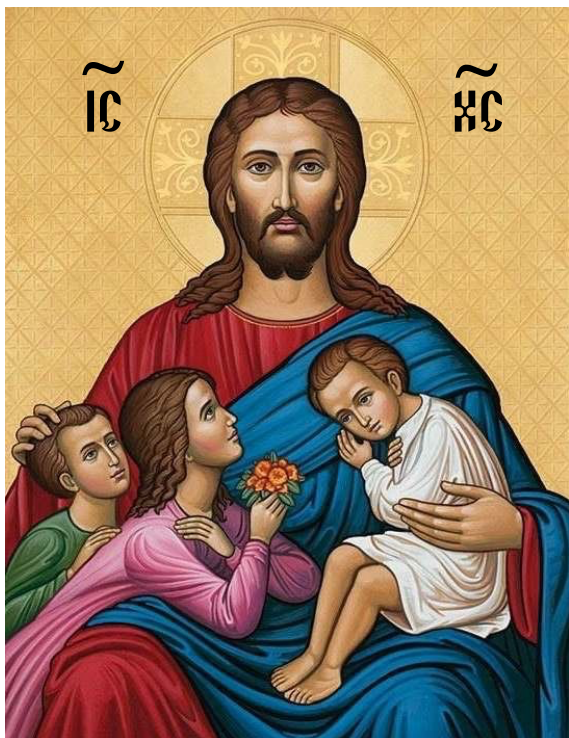
- **Upcoming Sacraments** (regular Confessions, Eucharist & Anointings not included):
 - Today Sacraments of Initiation for Tamara Ruff
 - Saturday, January 19, Sacraments of Initiation for Sam Ostapowich
 - Sunday, February 10, Sacraments of Initiation for Declan Mattern
 - Saturday, February 23, Marriage of Justin and Stacey
 - Sunday, February 27, First Solemn Communion for Elizabeth Shakeshaft
 - Saturday, October 5, Marriage of Marvick & Christina



Our proposed Dormition Parish mission statement:

“To joyfully bring all people into the knowledge, love and service of the Holy Trinity who dwells within us.”

How can you help us in our mission? We'd love to hear your ideas, and we need your participation.



Little Friends of Jesus

Our program for little children is called “The Little Friends of Jesus.” We are in process of moving their “room” upstairs but for now they still meet in the basement at 10:00 am on many Sundays. When they are done, they return to join their families during the Liturgy. At the end of the service, they gather at the front of the church to share what we have learned and did on that Sunday.

Our two wonderful teachers are Tanya and Chris. If you have any questions about this program please do not hesitate to contact them.

Below is the schedule of Sundays this academic year that have a LFJ program:

- January 13
- January 27
- February 10
- February 24
- March 3
- March 17
- April 14
- April 28
- May 5
- May 26
- June 9

Come Learn, Pray and Play with us.

*Children who have received their F.S.C. are encouraged to participate in the Liturgy as Altar Servers and Singers.



Workbee to move our “Little Friends of Jesus” Program out of the Basement

If you are available on Saturday, January 26 at 10 am -ish till mid afternoon, Fr. Bo will be building and setting up pantry shelving with locks, whiteboards, and bringing up the children’s program furniture and supplies from the basement. Our basement has a musty / moldy smell, and its far from the rest of the community and therefore is not as good a space as being upstairs in the hall.

If you have some tools, (levels, drills, screwdrivers...) bring them with you. Fr. Bo will bring his, but it will go faster if we have more than one set of tools.

Have you been checking out our parish website???

We have lots of good information, and other stuff that is being added weekly. The more traffic we get, the better it is for our parish (it raises our profile with search engines like “google”)

If you are able and willing to create content, send your articles to Fr. Bo. Also, if you are a FaceBook-er, Instagram-er or other Social Media-er, let’s help people find our parish. Talk to Fr. Bo and let’s get discovered!



Social Mission Workshop/Retreat

Jan. 25-26 at Camp Oselia

This will be a jam-packed 24 hours!

We will focus on two themes:

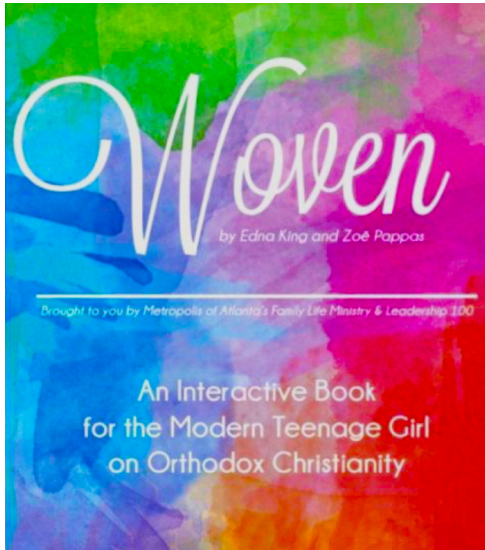
- our relationship as Ukrainian Catholics with the Indigenous community. We will learn about each other and spend time sharing.
- the concerns of the environment and ways that we can move our Eparchy toward a better treatment of the gift of the earth.

Join us if you have an interest in social justice and development issues. Participants will leave with practical ideas for doing work in these areas, educating ourselves and others about these issues, and with contacts and materials to lead social justice presentations in their own parishes. We recommend that you approach your parish or parish organizations to support you with the cost of registration.

COST: \$70.00. Register by Jan. 11. 780-424-5496. A shuttle to Camp Oselia will be provided if there is an interest.



Social Mission Workshop is POSTPONED...
New information will be forthcoming



Woven: A Retreat For Teen Girls (13-18)

The Edmonton Eparchy is hosting a weekend retreat for teen girls aged 13-18 that explores what it means to be a young woman living according to the Eastern Christian faith in the modern world. Using the workbook, Woven, Victoria Kostyniuk, Joyanne Rudiak, and Bernadette Mandrusiak will lead participants through some of the most pressing topics teen girls have questions about such as identity, social media, friendship, relationships, and more!

February 2, 10:00am - February 3 until 3:00pm

Camp Oselia (53230 Range Rd 53, Fallis, AB on Wabamun Lake)

Cost: \$40.00/person. Remainder of cost will be subsidized.

To register, contact 780-424-5496 by Jan. 25, 2019. Spots limited, so register early!

Table for Two - You are My Valentine

A romantic candlelit dinner for couples, married or dating, "Table for Two" provides the ideal opportunity to focus on each other. Each of the courses is served up with discussion starters which invite couples to explore and deepen their relationship with each other and with God. A guest couple will give a short testimony and presentation on a topic related to sacramental marriage.

Feb 10 – Adult, Dating or Married

TIME: 5:30 pm

LOCATION: St. Vladimir Parish Hall, 12726-119St., Edmonton

COST: \$75 per couple.

CONTACT: Register with payment by Feb. 2, 780-424-5496



As I suspected, someone has been adding soil to my garden. The plot thickens.



In addition to parish work what is Fr. Bo up to?

Well... besides trying to finish my basement, Bishop David has asked me to work on programs for Camp Oselia throughout the year, and I try to teach as many people as will listen about our God through Icons. This tends to keep me fairly occupied. A few of the upcoming events that I'm involved in include:

- Fixing / recreating Camp Oselia's website so that it can have online registrations, price calculator, etc...
- Advertising Camp Oselia Programs at Teacher Conventions
- Lethbridge Iconography Workshop (Feb 15-17).
- Weekend Iconography Workshop at Camp Oselia (March 1-3) see poster
- Week Night Iconography Workshop here at Dormition Parish (March 4-9) see poster
- Social Justice Workshop at Camp Oselia (possibly now on March 15 & 16)
- Teen Lenten Retreat at Camp Oselia (March 22-25)
- First Solemn Communion Camp at Camp Oselia (March 27-30)
- Adult Lenten Retreat at Camp Oselia (April 5-6)
- Possible Intermediate Iconography Workshop with guest Iconography teacher (May 13-18)... at someplace, possibly our parish, possibly at the camp
- (probable) Marriage Prep Weekend at Camp Oselia (May 23-26)
- Possible Adult Retreat at Camp Oselia (May 31-June 1)
- Teen Camp at Camp Oselia
- Family Camp at Camp Oselia
- 3 weeks of Regular Children's Camp at Camp Oselia
- Potential Lay Formation program for 2019-2021.
- and I cheer for the Roughriders!



Camp Oselia
**C.O.R.E.
Programs**



Affordable, year round, day and overnight
**programs designed with
and for Catholic Schools
in God's beautiful
playground**

Theosis Studios presents a

Weekend Beginner Live-In

Iconography Workshop

at Camp Oselia

March 1 - 3, 2019

Learn to write a traditional Byzantine
Icon the Mother of God.

Registrations will be open soon.

Workshop lead by: Fr. Bo Nahachewsky
of the Ukrainian Catholic Eparchy of Edmonton



Camp Oselia
Retreats



Theosis Studios presents
a beginner

5 Evening + Saturday Iconography Workshop

at Dormition Parish, Edmonton

March 4 - 9, 2019









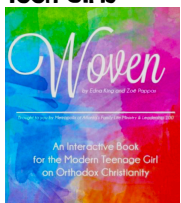
Learn to write a traditional Byzantine
Icon of our Lord Jesus Christ.

Registrations will be open soon

Workshop lead by: Fr. Bo Nahachewsky
of the Ukrainian Catholic Eparchy of Edmonton



January - February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13</p> <p>10 am Divine Liturgy with the Baptism of Tamara Ruff</p> <p>Parish "Kutia" to follow Divine Liturgy</p>  <p>2 pm Melkite Liturgy</p>	<p>14</p> <p>House Blessings</p>	<p>15</p> <p>House Blessings</p>	<p>16</p> <p>House Blessings</p>  <p>6 pm Prayer</p> <p>7 pm Bible Study with an Eastern Twist: All Welcome</p> <p>Luba Genyk's Birthday</p>	<p>17</p> <p>House Blessings</p> <p>4 pm Youth Commission Meeting</p>	<p>18 </p> <p>House Blessings</p> <p>Olfa Hapak's Birthday</p>	<p>19</p> <p>Baptism of Sam Ostapovich</p> <p>hall used</p>
<p>20</p> <p>10 am Divine Liturgy</p> <p>2 pm Melkite Liturgy</p> <p>Peter Sontrop's Birthday</p>	<p>21</p> <p>House Blessings</p> <p>Adam Ostapovich's Birthday</p>	<p>22</p> <p>House Blessings</p>	<p>23</p> <p>House Blessings</p>  <p>6 pm Prayer</p> <p>7 pm Bible Study with an Eastern Twist: All Welcome</p> <p>Marta Dashkewytch's Birthday</p>	<p>24</p> <p>House Blessings</p>	<p>25 </p> <p>House Blessings</p> <p>registration deadline for "Woven" Teen Retreat Weekend</p> <p>Melkite Bible Study</p>	<p>26</p>  <p>10 am Work-bee: Setting up the Little Friends of Jesus classroom Upstairs</p>
<p>27</p> <p>10 am Divine Liturgy with First Solemn Communion for Elizabeth Shakeshaft</p>  <p>2 pm Melkite Liturgy</p>	<p>28</p> <p>House Blessings</p>	<p>29</p> <p>House Blessings</p>	<p>30</p> <p>House Blessings</p>  <p>6 pm Prayer</p> <p>7 pm Bible Study with an Eastern Twist: All Welcome</p>	<p>31</p> <p>House Blessings</p> <p>Donna Koziak's Birthday</p>	<p>1 </p>  <p>Hopefully we are done all House Blessings</p>	<p>2</p> <p>Major Feast of the Presentation of Christ.</p> <p>Woven, retreat for Teen Girls</p>  <p>registration deadline for the "Table for Two"</p>

INTERESTED IN JOINING THE PARISH? OR DO YOU HAVE NEW CONTACT INFORMATION?

Please fill out one of the forms that can be found on the table in the entrance of the church. Then put it into the collection plate or hand it to any member of the Parish Pastoral Council. Parishioners get a FREE pile of donation envelopes! (yippee, free envelopes!)

SUNDAY, JANUARY 13 - DIVINE LITURGY CHANGEABLE PARTS

10:00 Baptism of Tamara Ruff from the Baptismal book, then...

Instead of the Trisagion Hymn

All you, who have been baptized into Christ, you have put on Christ! Alleluia! (3x)

Glory be to the Father and to the Son, and to the Holy Spirit, now and for ever and ever. Amen. ... have put on Christ! Alleluia!

All you, who have been baptized into Christ, you have put on Christ! Alleluia!

Prokeimenon, Tone I

Let your mercy, O Lord, be upon us* as we have hoped in you.

verse: rejoice in the Lord, O you just; praise befits the righteous. (Psalm 32:2,1)

Epistle Ephesians 4:7-13

But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

Alleluia, Tone 5

verse: Your mercies, O Lord, I will sing for ever; from generation to generation I will announce Your truth with my mouth.

verse: For You have said: Mercy shall be built up for ever; in the heavens Your truth shall be prepared. (Psalm 88:2,3)

Gospel Matthew 4:12-17

At that time; when Jesus heard that John had been arrested, he withdrew to Galilee. He left Nazareth and made his home in Capernaum by the sea, in the territory of Zebulun and Naphtali, so that what had been spoken through the prophet Isaiah might be fulfilled: "Land of Zebulun, land of Naphtali, on the road by the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned." From that time Jesus began to proclaim, "Repent, for the kingdom of heaven has come near."

Hymn to the Mother of God and the Irmos:

O my soul, magnify Christ the King, baptized in the Jordan.

Every tongue is at a loss to praise you as is your due, O Mother of God. Even a spirit from above is filled with dizziness when seeking to sing your praises. But since you are good accept our faith, for you know well our love inspired by God. For it is you who protect all Christians; therefore, we magnify you.

Communion Hymn

The grace of God has appeared* bringing salvation to all. (Titus 2:11)

Praise the Lord from the heavens;* praise Him in the highest.

Alleluia, alleluia,* alleluia. (Psalm 148:1)

Instead of "Blessed is He who comes..." and "We have seen the true light..." we sing:

All creation is filled with rejoicing today, for Christ is baptized in the Jordan.

Instead of "May our mouths..." and "Blessed be the Name..." we sing:

All creation is filled with rejoicing today, for Christ is baptized in the Jordan. (3)

ARE YOU NEW HERE? WELCOME! WE ARE GLAD YOU CAME. AFTER LITURGY PLEASE JOIN US FOR "COFFEE" SO THAT WE CAN GET TO KNOW ONE ANOTHER.

If you are unfamiliar with Byzantine Christian worship then you are in for a wonderful experience. For many it may seem a bit strange, perhaps even from another time. The priest stands in front of the Altar facing God with the people, everything is sung or chanted, the clergy are vested in rich looking vestments, the people venerate the Gospel Book and icons, incense fills the air with majesty... With all the smells and bells it can seem a bit overwhelming to those who are not familiar with it, but each action, each prayer, each detail has deep meaning, and once understood they help us enter deeper into our life with God.

The Byzantine Church's liturgical roots run deep into early Christianity. The Divine Liturgy (known as the "Mass" in the Latin Rite) is the same Eucharistic service first celebrated by Christ Himself, and is the highlight of our liturgical worship. Although our prayer life is living and dynamic, our liturgical tradition has many elements that have remained virtually unchanged over the centuries. Authentic yet still totally relevant to us today. The goal of the Divine Liturgy is to unite ourselves with all creation, in praise and thanksgiving to God.

If you are new to our faith tradition, I encourage you to come and sit next to one of our 'regulars', and let them guide and explain things for you. Questions are very welcome. You can also learn a lot more about our community, and the programs we have by checking out our parish's website at: <http://dormition.eeparchy.com>