



THE CATHOLIC PARISH OF THE  
**DORMITION**

OF THE MOST HOLY MOTHER OF GOD

ПАРАФІЯ УСПІННІА ПРЕСВ. БОГОРОДНИЦІ

A PARISH OF THE UKRAINIAN CATHOLIC EPARCHY OF EDMONTON

**Address:**

15608 -104 Avenue,  
Edmonton, AB  
T5P 4G5

**Services:**

Sunday Divine Liturgy  
(Ukr & Eng) at 10 am  
& Melkite (Arabic) D.L.  
at 2 pm

Akathist or Molebyn  
Most Wednesdays at 6 pm  
(see calendar)

**Parish Website:**

<http://dormition.eeparchy.com>

**Twitter:**

@dormitionparish  
<https://twitter.com/dormitionparish>

**Eparchial Website:**

[www.eeparchy.com](http://www.eeparchy.com)

**Pastor:**

Fr. Bo Nahachewsky

**Fr. Bo's cell phone:**

780-340-FR.BO (3726)

**Fr. Bo's Email:**

fr.bo.nahachewsky  
@gmail.com

**Sunday, March 10, 2019 - Sunday of Orthodoxy**

The Holy Martyr Codratus and Those with Him (249-51)

**ANNUAL  
GENERAL  
MEETING**

**Today** our parish will have it's Annual General Meeting. At this important meeting we will discuss our parish's recent past, our present needs, and future direction, and elect our new Parish Pastoral Council. Everyone is asked to attend and participate.



**Liturgy of the  
Presanctified Gifts:**

**an excerpt from Fr. Thomas Hopko's  
"The Orthodox Church"**

The eucharistic Divine Liturgy is not celebrated in the Church on lenten weekdays. In order for the faithful to sustain their lenten effort by participation in Holy Communion, the Liturgy of the Presanctified Gifts is served. The service is an ancient one. We officially hear about it in the canons of the seventh century, which obviously indicates its development at a much earlier date.

*On all days of the holy fast of Lent, except on the Sabbath, the Lord's Day, and the holy day of the Annunciation, the Liturgy of the Presanctified is to be served (Canon 52, Quinisext, 692).*

The Liturgy of the Presanctified Gifts is an evening service. It is the solemn lenten Vespers with the administration of Holy Communion added to it. There is no consecration of the eucharistic gifts at the presanctified liturgy. Holy Communion is given from the eucharistic gifts sanctified on the previous Sunday at the celebration of the Divine Liturgy, unless, of course, the feast of the Annunciation should intervene; hence its name of "presanctified."

continued on next page...

**This Wednesday:**

**6 pm Bible Study**

**7pm Presanctified Liturgy**

**This Thursday:**

**"Teach Us To Pray" - The Our Father  
with Fr. M. Planchak**

**This Friday & Saturday:**

**Social Mission Retreat**

# Liturgy of the Presanctified Gifts: an excerpt from Fr. Thomas Hopko's "The Orthodox Church".... Continued

The Liturgy of the Presanctified Gifts is served on Wednesday and Friday evenings, although some churches may celebrate it only on one of these days. It comes in the evening after a day of spiritual preparation and total abstinence. The faithful who are unable to make the effort of total fasting because of weakness or work, however, normally eat a light lenten meal in the early morning.

During the psalms of Vespers, the presanctified gifts are prepared for communion. They are transferred from the altar table where they have been reserved since the Divine Liturgy, and are placed on the table of oblation. After the evening hymn, the Old Testament scriptures of Genesis and Proverbs are read, between which the celebrant blesses the kneeling congregation with a lighted candle and the words: "The Light of Christ illumines all," indicating that all wisdom is given by Christ in the Church through the scriptures and sacraments. This blessing was originally directed primarily to the catechumens—those preparing to be baptized on Easter—who attended the service only to the time of the communion of the faithful.

After the readings, the evening Psalm 141 is solemnly sung once again with the offering of incense. Then, after the litanies of intercession and those at which the catechumens were dismissed

in former days, the presanctified eucharistic gifts are brought to the altar in a solemn, silent procession. The song of the entrance calls the faithful to communion.

*Now the heavenly powers [i.e., the angels] do minister invisibly with us. For behold the King of Glory enters. Behold the mystical sacrifice, all fulfilled, is ushered in.*

*Let us with faith and love draw near that we may be partakers of everlasting life. Alleluia. Alleluia. Alleluia.*

After the litany and prayers, the Our Father is sung and the faithful receive Holy Communion to the chanting of the verse from Psalm 34: "O taste and see how good is the Lord. Alleluia." The post-communion hymns are sung and the faithful depart with a prayer to God who "has brought us to these all-holy days for the cleansing of carnal passions," that he will bless us "to fight the good fight, to accomplish the course of the fast, and to attain unto and to adore the holy resurrection" of Christ.

The Liturgy of the Presanctified Gifts is traditionally considered to be the work of the sixth-century pope, Saint Gregory of Rome. The present service, however, is obviously the inspired liturgical creation of Christian Byzantium.

## Saints of the Day: (text from the OCA website)

### The Holy Martyr Quadratus (Codratus) and those with him:

During a persecution against Christians (in the third century) a certain pious woman named Rufina fled from Corinth to a mountain, to escape from her pursuers. There she gave birth to a son Quadratus, and died soon afterward. By the Providence of God the infant remained alive and was nourished in miraculous manner: a cloud appeared over him, dropping a sweet dew into his mouth.

The childhood and youth of Saint Quadratus were spent in the wilderness. When he was a young man, he chanced upon Christians, who enlightened him with the light of the true Faith. Quadratus studied grammar, and later learned the physician's art and attained great success in it. But most of all, Quadratus loved the wilderness solitude and he spent the greater part of his time in the hills, in prayer and meditation upon God. Many years passed, and his friends and followers frequently came to the saint to hear his instruction. Among them were Cyprian, Dionysius, Anectus, Paul, Crescens and many others.

By order of the impious emperor Decius (249-251), the military prefect Jason arrived at Corinth to torture and slay Christians. Since Quadratus was the eldest, he spoke for the rest. The saint bravely defended his faith in Christ the Savior, then they began the torture. Saint Quadratus, despite inhuman suffering, encouraged

the others, urging them not to be afraid and to stand firmly for the Faith.

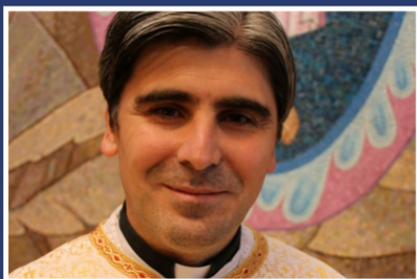
Unable to persuade any of them to deny Christ, Jason ordered the martyrs to be thrown to wild beasts to be torn apart. But the beasts did not touch them. They tied the saints to chariots by their feet and dragged them through the city, and many of the crowd threw stones at them. Finally, they condemned the martyrs to beheading by the sword. At the place of execution the martyrs requested for a certain time to pray, and then one after the other they bent their necks beneath the sword.

The remaining disciples of Saint Quadratus also suffered for Christ: Dionysius (another one) was stabbed in the night; Victorinus, Victor and Nicephorus were crushed in a large stone press; Claudius's hands and feet were cut off; Diodorus was thrown into a fire prepared for him; Serapion was decapitated; Papias and Leonidas were drowned in the sea. Many holy women also went voluntarily to suffer for Christ: Saints Chariessa, Nunechia, Basilissa, Nike, Galla, Galina, and Theodora were among them.





# A LENTEN MISSION BEFORE THE ICON OF OUR LADY HELP OF PERSECUTED CHRISTIANS



- 6:30 pm Akathist Prayer
- 7:00 pm Mission by Fr. Ephrem Kardouh (from Syria)
- Coffee, Tea & Juice

**April 1** (English), **April 2** (English) & **April 3** (Arabic)  
at Dormition Catholic Parish: 15608 104 Ave Edmonton

This is a free event. All are welcome, especially families.



# March 15 - 16, 2019 Social Mission Retreat



**Social Mission Workshop/Retreat:** March 15, 16 at Camp Oselia. This will be a jam-packed 24 hours! Beginning at 6:30 pm on Friday and ending at 6:30 pm on Saturday. COST: \$70.00. Register NOW! 780-424-5496 or by going to [CampOselia.com](http://CampOselia.com) and clicking on the links.

We will focus on two themes:

- our relationship as Ukrainian Catholics with the Indigenous community. We will learn about each other and spend time sharing.
- the concerns of the environment and ways that we can move our Eparchy toward a better treatment of the gift of the earth.

A shuttle to Camp Oselia will be provided if there is an interest.

## Teach Us to Pray Thursdays March 14 - April 25

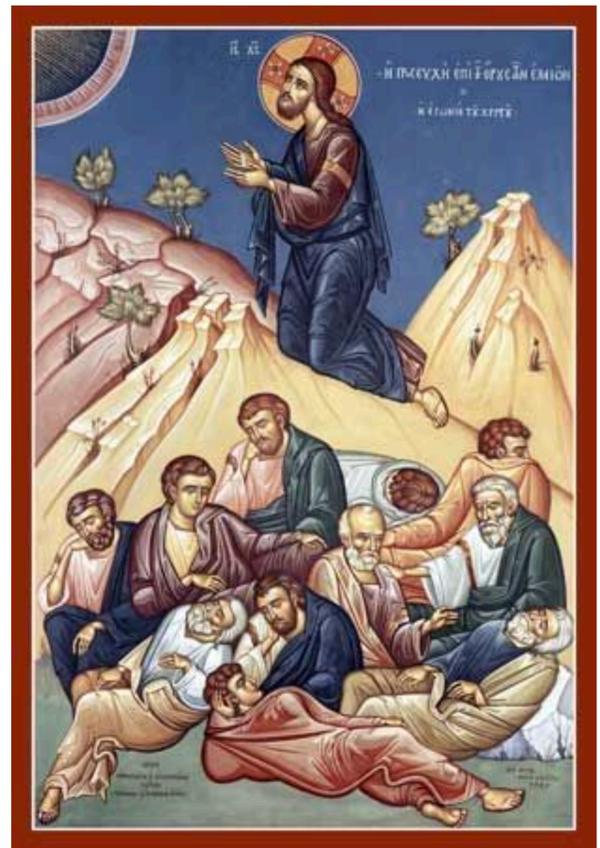
In the Gospel of Luke (Lk 11:1-2) one of the disciples said to Jesus "Teach us to pray." They had seen Jesus pray often and understood the importance of frequent prayer. We know that prayer must be at the heart of our own journey towards an ever closer relationship with God but it is not always easy. In this series of presentations we will explore various way of praying and will be presented with practical ways to build a consistent rule of prayer in our lives. Sessions will consist of a presentation and will conclude with prayer. **There is no registration. You are welcome to attend any or all of the sessions.**

- **March 14** – Fr. Mihajlo Planchak – The Our Father and The Prayer before Communion
- **March 21** – Fr. Peter Babej – The Rosary and the new Rosary Book
- **March 28** – Fr. Michael Winn – Contemplative Prayer – The Jesus Prayer
- **April 4** – Fr. Bo Nahachewsky – Praying with Icons
- **April 11** – Fr. Danylo Kuc – Praying the Psalms - (at Verkhovyna Hall)
- **April 25** – Fr. Stephen Wojcichowsky – Prayers of the Divine Liturgy

All sessions run 7:00 - 8:30 pm except the last one which will run 7:00 - 9:00pm

**LOCATION: HERE at Dormition Parish**, 15608 – 104 Ave, except April 11, which will be held at Verkhovyna Hall 9637- 108 Ave in conjunction with a Home of Hope Fundraiser. Check the Edmonton Eparchy website for details.

**Let's be Great Hosts!**



During the Great Fast our  
**“Bible Study with an Eastern Twist”**  
continues, but at a new time!

**Now Wednesdays at 6pm** (an hour before the 7pm Presanctified Liturgies)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10</b> 1st Sunday <b>10 am Divine Liturgy</b> <b>Dormition's AGM</b> <b>2 pm Melkite Liturgy</b>	<b>11</b> 🐟 7 pm Melkite Youth Practice	<b>12</b> <b>6:30 pm Melkite's Lenten Vespers</b> Helen Moneta's Birthday	<b>13</b> 🐟 <b>6 pm Bible Study</b> <b>7 pm Liturgy of the Presanctified Gifts</b>	<b>14</b> <b>7 pm Teach us to Pray: Our Father</b>	<b>15</b> 🐟 <b>Social Mission Retreat at Camp Oselia</b> <b>6:30 pm Melkite's Akathist</b>	<b>16</b> All Souls Saturday <b>Social Mission Retreat at Camp Oselia</b>
<b>17</b> 2nd Sunday <b>10 am Divine Liturgy</b> Panachyda for + Olga Piasta <b>2 pm Melkite Liturgy</b> Parish Casino	<b>18</b> 🐟 Parish Casino 7 pm Melkite Youth Practice Shirley Pewar's Birthday	<b>19</b> Clergy Conference <b>6:30 pm Melkite's Lenten Vespers</b>	<b>20</b> 🐟 <b>6 pm Bible Study</b> <b>7 pm Liturgy of the Presanctified Gifts</b>	<b>21</b> Faith Family and Friends Icon Painting at St. Nicholas Parish <b>7 pm Teach us to Pray: Rosary</b>	<b>22</b> 🐟 <b>6:30 pm Melkite's Akathist</b> <b>Youth Retreat @ Oselia</b> Verna Hnatiuk's and Stephen Sokolowski's Birthdays	<b>23</b> All Souls Saturday <b>Youth Retreat @ Oselia</b>
<b>24</b> Sunday of the Holy Cross <b>10 am Divine Liturgy</b> <b>2 pm Melkite Liturgy</b>	<b>25</b> 🐟 <b>Feast of the Annunciation</b> <b>6 pm Divine Liturgy</b>	<b>26</b> <b>6:30 pm Melkite's Lenten Vespers</b>	<b>27</b> 🐟 <b>6 pm Bible Study</b> <b>7 pm Liturgy of the Presanctified Gifts</b>	<b>28</b> <b>7 pm Teach us to Pray: Jesus Prayer</b> Virginia Sharek's Birthday	<b>29</b> 🐟 <b>6:30 pm Melkite's Akathist</b>	<b>30</b> All Souls Saturday

## Other Dormition News

- **The 2018 tax receipts** are done and sent (I believe). Look for yours in your mailbox.
- We pray for the **health and well-being** of all the servants and handmaidens of God who need our prayers: Fr. Stephen Wojcichowski, Sarah Komar, Marge Woitas, Katie Bunio, Stella Dronyk, John Puto, Ann Horsman, Annie Polack, Louis Pewar & Rosa Maria Santos. (If you know any other people who should be on this list: please email Fr. Bo.)
- Happy Birthday to our parishioner **Natasha Gerace, Steve Konowalec, Catherine Ostopowich** and **Jess Lastiwka** who all celebrate their birthdays this week. May God grant you all

many years. (If we don't have your birthday, or if we have your birthday info wrong... please send an email.)

- **Confessions:** Fr. Bo is always around before services, so please do not hesitate to ask him to hear your confession. If you are planning to make a "longer" confession, he is always available by appointment too.
- Our program for little children is called "**Little Friends of Jesus**" and we invite your little one to join us. Our two wonderful teachers are Tanya and Chris. If you have any questions about this program please do not hesitate to contact them. Here is our LFoJ schedule: March 3; March 17; April 14; April 28; May 5; May 26; June 9

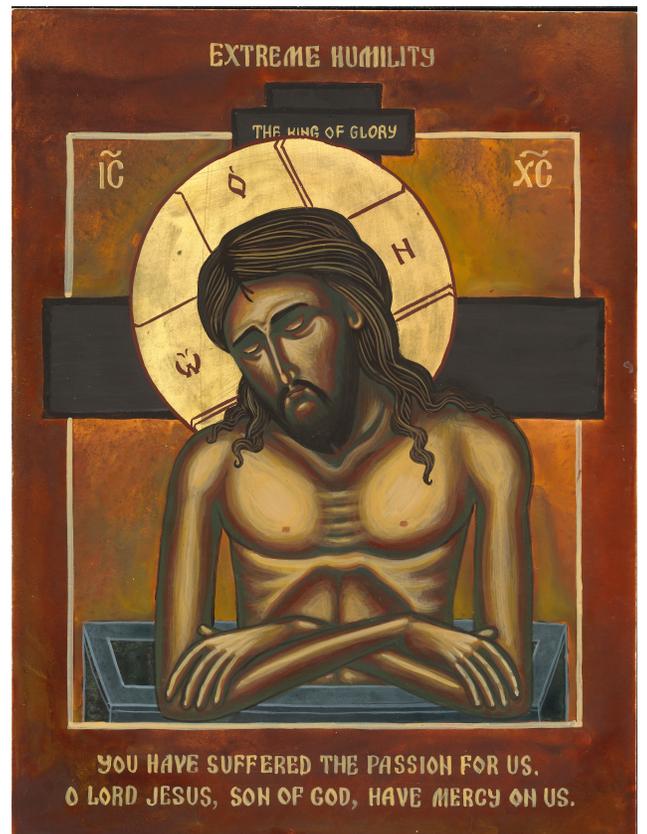
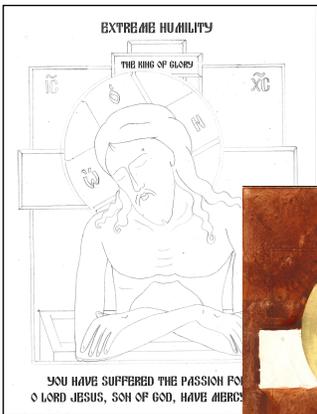
The 50th annual Friars' Ball will take place on Friday, May 3rd at the Edmonton Convention Centre. The event raises funds in support of the education, training and formation of priests, religious, and lay leaders for the [Catholic Archdiocese of Edmonton](#), the [Ukrainian Catholic Eparchy of Edmonton](#), and St. Joseph's College. Tickets are available for purchase at [www.friarsball.com](http://www.friarsball.com) or by calling Anna at 780-469-1010

On March 31, April 7 & April 14, one of our famous parishioners Marge (or her family) will be selling "pysanke" (Ukrainian Easter Eggs) in our parish hall after liturgy. Check them out, they are quite beautiful.





**This past week's Icon Workshop** went very well. We had 8 students (only 7 shown in this picture) who all did a fantastic job praying and painting. We all painted the icon called "Extreme Humility" which like the icon on the anamoly this Sunday (anamoly = icon kissing stand) in Church depicts Christ in the tomb. Thank you to all who prayed with us and helped make this retreat and workshop successful.



**Epistle Reader & other Liturgical Stuff Schedule:** We really want as much participation in the Liturgy from everyone as possible. If you would like to volunteer in any way including reading/singing the Epistle, helping lead the singing, ushering, helping as a sacristan, helping the kids ring bells, altar serving, etc... please let us know.

This schedule is always likely to be tweaked, so please look it over regularly.

Date	Epistle Readers	Is there "Little Friends of Jesus" this day?	Anticipated Cantor (singing leader)
March 10	Genyk family & Tanya	No	Marta and/or Helen
March 17	Chris & Jordan	Yes	Namisha Hlus
March 24	Roman & Peter/Donna	No	Marta and/or Helen
March 31	Helen & Bill	No	TBD
April 7	Roman & Don Kwas	No	TBD
April 14	Pryma Family	Yes	Marta and/or Helen
April 21 (Easter Sunday)	Alex & Virginia	No	TBD
April 28	John S. & Natasha	Yes	TBD
May 5	Genyk family & Tanya	Yes	TBD

## Find out about our 5 Great Summer Camps and other great programs at: **CampOselia.com**



- All registrations for camp are now ONLINE. No more losing papers, writing checks, and wondering if you are really registered or not.
- Retreats for everyone including Adults and Youth happen at the camp. Check out the website for more details.
- Are you looking for a great place to rent for your school? family reunion? business meetings? Check out the camp! we have accommodations for up to 96 individuals.
- Camp Oselia is currently looking for a nurse, cook, grounds keeper, environmental education coordinator, camp counsellors and junior counsellors for summer camp! Please send your application or more information to Millie at [youth@eeparchy.com](mailto:youth@eeparchy.com)

**CELEBRATE WITH US!**

50<sup>th</sup>  
Friars' Ball  
Anniversary

Supporting St. Joseph Seminary, Newman Theological College,  
Holy Spirit Seminary & St. Joseph's College

**Friday, May 3, 2019**

**Edmonton Convention Centre, Hall D**

**6:00 p.m. cocktails**

**7:00 p.m. dinner**

**Shumka Dancers, Axios Choir, Mattierin Irish Dancers  
and DJ Harmon B**

**Tickets:**

**\$250/regular**

**\$150/guest under 25**

*For tickets, contact Anna at  
780.469.1010 or  
visit [www.friarsball.com](http://www.friarsball.com)*

Thank you to our generous sponsors!



# SUNDAY, MARCH 10 - DIVINE LITURGY CHANGEABLE PARTS

*The Divine Liturgy of our Father among the Saints St. Basil the Great is celebrated.*

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**Troparion:** Though the stone was sealed by the Judeans,\* and soldiers guarded Your most pure body,\* You arose, O Saviour, on the third day,\* and gave life to the world.\* And so the heavenly powers cried out to You, O Giver of Life:\* Glory to Your resurrection, O Christ!\* Glory to Your kingdom!\* Glory to Your saving plan,\* O only Lover of mankind.

**Troparion:** We bow before Your most pure image, O kind Lord,\* and beg pardon for our sins, O Christ our God.\* Of Your own will You consented to ascend the Cross in the flesh to free Your handiwork from enslavement to the enemy.\* In thanksgiving we cry aloud to You:\* by coming to save the world, our Saviour, You filled all things with joy.

Glory be to the Father and to the Son and to the Holy Spirit, now and for ever and ever. Amen.

**Kontakion:** The uncircumscribed Word of the Father\* became circumscribed when He took flesh of you, O Mother of God,\* and when He restored the divine image to its ancient glory,\* He suffused it with the beauty of God.\* Therefore, confessing our salvation in deed and word,\* we portray it in images.

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## **Prokeimenon:**

Blessed are You, Lord God of our fathers,\* and praised and glorified is Your Name for ever.

**verse:** For You are righteous in everything You have done to us. ([Daniel 3:26,27](#))

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## **Epistle Hebrews II:24-26, 32-40; I2:I-2**

Brothers and Sisters: By faith Moses, when he was grown up, refused to be called a son of Pharaoh's daughter, choosing rather to share ill-treatment with the people of God than to enjoy the fleeting pleasures of sin. He considered abuse suffered for the Christ to be greater wealth than the treasures of Egypt, for he was looking ahead to the reward. And what more should I say? For time would fail me to tell of Gideon, Barak, Samson, Jephthah, of David and Samuel and the prophets— who through faith conquered kingdoms, administered justice, obtained promises, shut the mouths of lions, quenched raging fire, escaped the edge of the sword, won strength out of weakness, became mighty in war, put foreign armies to flight. Women received their dead by resurrection. Others were tortured, refusing to accept release, in order to obtain a better resurrection. Others suffered mocking and flogging, and even chains and imprisonment. They were stoned to death, they were sawn in two, they were killed by the sword; they went about in skins of sheep and goats, destitute, persecuted, tormented— of whom the world was not worthy. They wandered in deserts and mountains, and in caves and holes in the ground.

Yet all these, though they were commended for their faith, did not receive what was promised, since God had provided something better so that they would not, apart from us, be made perfect.

Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight and the sin that clings so closely, and let us run with perseverance the race that is set before us, looking to Jesus the pioneer and perfecter of our faith, who for the sake of the joy that was set before him endured the cross, disregarding its shame, and has taken his seat at the right hand of the throne of God.

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## **Alleluia:**

**verse:** Moses and Aaron are among His priests and Samuel among those who call upon His name.

**verse:** They called on the Lord, and He heard them. ([Psalm 98:6](#))

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## **Gospel John I:43-51**

The next day Jesus decided to go to Galilee. He found Philip and said to him, "Follow me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found him about whom Moses in the law and also the prophets wrote, Jesus son of Joseph from Nazareth." Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." When Jesus saw Nathanael coming toward him, he said of him, "Here is truly an Israelite in whom there is no deceit!" Nathanael asked him, "Where did you get to know me?" Jesus answered, "I saw you under the fig tree before Philip called you." Nathanael replied, "Rabbi, you are the Son of God! You are the King of Israel!" Jesus answered, "Do you believe because I told you that I saw you under the fig tree? You will see greater things than these." And he said to him, "Very truly, I tell you, you will see heaven opened and the angels of God ascending and descending upon the Son of Man."

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## **Hymn to the Mother of God**

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins' pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you.

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## **Communion Hymn**

Praise the Lord from the heavens;\* praise Him in the highest. ([Psalm 148:1](#))\* Rejoice in the Lord, O you just;\* praise befits the righteous.\* Alleluia, alleluia,\* alleluia. ([Psalm 32:1](#))